

Recipe: Grilled mushrooms

All right, let us start.

Time 🕒

Preparation: 10 mins

Grill time: 15 mins

Ingredients

- 6 large mushrooms
- A half of red peppers
- 2 tablespoon of tomato puree
- 1 teaspoon of sunflower oil

Feel free to add herbs or chili in order to make your own home-style mushrooms.

Directions

- Pull out the mushroom stipes.
- Chop the red peppers together with the mushroom stipes.
- Optional: Seasoning with herbs or chili. Toss it with the mixture in a large bowl.
- As an alternative, you can use a micro drop of the Blair's Sudden Death Sauce to spice it up.
- Fill the mushrooms with the mixture.
- Put the mushrooms in an aluminum cup and grill it over medium heat for about 15 minutes.

