

Recipe: Grilled chicken with honey-rum marinade

All right, let us start.

Time 🕒

Preparation: 15 to 20 mins

Grill time: 50 mins

Ingredients

- 1 chicken (1000 g)
- 2 onions
- 3 garlic
- 6 tablespoon of sunflower oil
- 3 tablespoon of honey
- 3 tablespoon of (honey)-rum
- 2 teaspoon of mustard

Feel free to add pepper or cayenne pepper in order to make your own home-style marinade.

Directions

- Chop the onions and garlic and mix it with the remaining ingredients.
- Optional: Seasoning with pepper or cayenne pepper.
- Marinate the chicken and let it rest for about 4 hours.
- Grill the chicken for about 50 minutes at 250° C. Turn it over halfway through grill time. Coat the chicken again with the marinade.

Before



After

